

YOUNG ENVIRONMENTAL CHAMPIONS

2023 REPORT

WHO ARE YOUNG ENVIRONMENTAL CHAMPIONS?

Put simply, Young Environmental Champions (YEC) are our future.

In 2023 the <u>Young Environmental Champions</u> program, delivered by <u>Action4Agriculture</u>, was launched in the Hunter and Hawkesbury areas of regional NSW to give young people in primary and secondary schools the agency to feel empowered to change the world.

By connecting students with mentors and bright minds, the program gave them support to identify and act on environmental and social issues important to them, their schools and communities and to transform complex global challenges into real-world local solutions.

Underpinned by the <u>United Nations Sustainable Development Goals</u>, Young Environmental Champions has allowed our young people to embed sustainability, resilience and wellbeing into their, and our, way of life. It has given them confidence and hope to look towards the green jobs of the future and know there is a place for them. They have become the change they want to see.

The program focuses on three key pillars of support - networking, mentoring and empowering - and we have found that this model inverts as our young people inspire us. These are our Young Environmental Champions.

WHO HASBEEN INVOLVED IN THE PROGRAM?

Action4Agriculture gratefully acknowledges funding from the Office for Regional Youth and Vincent Fairfax Family Foundation, which has allowed the Young Environmental Champions program to run in 2023.

The program was delivered to Stage 3 and 5 students in a mix of ten primary and secondary schools in the Hawkesbury and Hunter areas of regional NSW.

Four schools from the Hawkesbury region came together under the banner of the Centre of Excellence in Agricultural Education to create four unique projects. The other participating school in the Hawkesbury was Llandilo Public School.

Schools from the Hunter region were St Brigid's Primary School, Hamilton Hill Public School, St Joseph's College, Newcastle East Public School and St John the Baptist Catholic Primary School.

Leadership coach Josh Farr facilitated student workshops while teachers learnt with changeologist Les Robinson.

HOW WAS YEC LAUNCHED?

The YEC program was launched at events in both the Hunter and Hawkesbury.

At the Hunter launch event, held at Tocal Agricultural College, we were joined by representatives from the University of Newcastle, local councils, Office for Regional Youth and Hunter Local Land Services. Special guests were teacher Kristen Jones, who spoke passionately about challenges that face schools in the modern era, and Zane Osborn from Hamilton Public School who spoke about students teaching their peers, using Hamilton's Blue Gate Garden TV as an example.

At the Hawkesbury event we were joined by representatives from RDA (Regional Development Australia) Sydney and the Greater Sydney Landcare Network.

50 students from primary and secondary schools representing ten Local Government Areas attended the initial workshops at the launch events and were introduced to team building, project brainstorming, community action planning and the <u>United Nations Sustainable</u> Development Goals, which underpinned their projects.

I was able to open up ideas, I looked through the lens of my teammates, and by putting our brains together we have come up with an idea that may be difficult but possible to do. Overall, we are thinking big and are exhilarated for the weeks to come.

- Student comment











WHAT DID THE STUDENTS DO?

**Over 10 weeks, young minds dedicated themselves to creating a social impact project that will bring about positive change and contribute towards achieving the United Nations Sustainable Development Goals. Our young people are reshaping, rewiring and reimaging the future; a future where they will be the leaders.

- Action4Agriculture director Lynne Strong

Taking their learnings from the initial workshop our students identified their own strengths and goals as they began the YEC program in earnest. Guided by the leadership coach and their mentors they learnt skills to improve their wellbeing and resilience. They connected with community projects, government agencies, volunteers, and individuals who shared their visions and supported bringing their big ideas to fruition.

Over the course of another two workshops in design thinking and project planning the students refined their ideas and solutions and looked at a diverse range of topics including:

- Waste management
- Pollinator promotion
- Sustainable fishing
- Flood mitigation

- Poverty in Australia
- Transitioning to high school
- People powered transport
- Student mental health

As students learnt, so too did their teachers as they attended a workshop with changeologist Les Robinson. Funded by Hunter Local Land Services, that workshop aimed to demystify behaviour change and, in doing so, taught how to enable other people to act on change through action projects or campaigns.



WHO WON?

At the final pitch, reflection and celebration event held on May 12 at the Newcastle Museum, the ten teams from each school presented their community action plans to a panel of judges comprised of AAEE (Australian Association of Environmental Educators) chair Sue Martin, Newcastle environmental advocate Alexa Stuart, Hunter Youth Community Coordinator (ORY) Dan Brown, CoastXP founder Dominic May and founder of the BEATS Tommy Viljoen.

"It was a pleasure to be involved and to hear some amazing ideas from the students. It restores my faith in how the next generation will be equipped to deal with the challenges of tomorrow,"

- Dominic May

The calibre of the program and of the projects generated by the students was reflected in the special guest presenters who attended the event including Declan Clausen (Deputy Mayor of Newcastle), The Hon. Tim Crakanthorp (Member for Newcastle Minister for Skills, TAFE and Tertiary Education, Minister for the Hunter) and The Hon. Kate Washington (Member for Port Stephens Minister for Families and Communities, Minister for Disability Inclusion) alongside representatives from Newcastle and Maitland Council, Hunter Local Land Services and the Office for Regional Youth.

- This was a fantastic showcase of creative and innovative young minds from across our region. I was very impressed by what I saw and I've no doubt these kids have big futures ahead of them.
- The Hon. Tim Crakanthorp
- "I love this program. It gives students, who are already solving the problems of the future, a chance to shine,"
- The Hon. Kate Washington,

Winning the primary school section was Hamilton Public School who focused on SDGs 3 (Good Health and Wellbeing) and 13 (Climate Action) to create a project titled People Power.

"[We are] aspiring to improve the health of individuals and our community.

We aim to clean the air and promote physical health by promoting modes of transport that are strictly people powered!"







Winning the secondary school section was St Joseph's Lochinvar who looked at flood mitigation due to local urbanisation and how it would affect their school, coming up with a solution that utilised the excess water through irrigation. Their project incorporated SDGs 9 (Industry, Innovation and Infrastructure) and 15 (Life on Land) and was an excellent example of how global issues can be addressed at a local level.

Runner-up in the secondary section was the Centre of Excellence in Agricultural Education for their focus on SDG 3 (Good Health and Wellbeing) and in the primary section the runner-up was St Brigid's Primary School who focused on SDG 15 (Life on Land).







WAS THE PROGRAM A SUCCESS?

Through entry and exit surveys of teachers and students we were able to gauge how effective the YEC program was, and the results were impressive.

The <u>evaluation data</u> indicates that YEC had a highly positive impact on students' confidence levels across a range of issues. The most notable areas of increased student confidence came from:

- Planning for school projects.
- Asking questions and seeking help.
- Doing something to improve the community.
- Being a good team member.
- Coming up with more ways to solve a problem.



PITCH EVENT MC JOSH FARR SHARES THE VALUE OF THE YEC PROGRAM (CLICKTO WATCH)

I CAN EASILY EXPLAIN MY IDEAS TO OTHERS I CAN EASILY EXPLAIN MY IDEAS TO OTHERS - STARTING PROGRAM - COMPLETING PROGRAM

Low confidence (not at all, slightly, somewhat)
 High confidence (Quite and extremely)
 Figure 1.1 & 1.2. Comparison of high and lower confidence levels for "I can easily explain my ideas to others".

MEET THE WINNERS



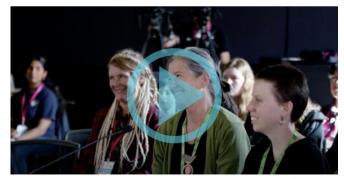
Champion Primary School - Hamilton Public School (click to watch)



Champion Secondary School - St Joseph's College Lochinvar (click to watch)



Reserve Champion Primary School - St Brigid's Primary School (click to watch)



Reserve Champion Secondary School - Centre of Excellence in Agricultural Education (click to watch)

From these 21st century skills development students learnt to network with their counterparts in other schools and professionals in the wider community, to realise adults will listen to their ideas and to build the confidence to make a difference to their world.

[&]quot;I enjoyed working together to make a project that will actually improve something in real life."

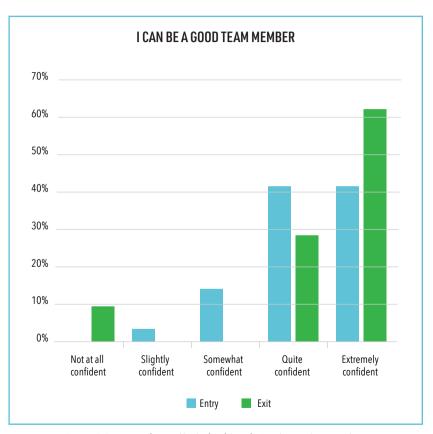


Figure 1.3. Comparison of reported levels of confidence for "I can be a good team member".

[&]quot;I enjoyed seeing how older people take our ideas on."

[&]quot;I had enjoyed how we were able to participate with different people and learn their views and solutions on the problem they had chosen."

[&]quot;I enjoyed developing my public speaking skills and I liked how I was able to connect to various people and meet many professionals who have interests that I share."

We asked our students how they have changed their actions or thoughts about sustainability and the environment since completing the program:

"I have realized that bees and butterflies are more important than meets the eye."

"Sustainability isn't just a yes or no, but is rather a scale. This way,
I have tried to go up further on the scale."

"I think even though I'm a child I can do big things. "

"I believe in my ability do make positive change."

"Trying to spread the word about what is occurring in the environment more. Whilst I did this before, I have become more efficient in explaining and sorting my words out."

Students also reflected on mental health, wellbeing and resilience:

"I have now become more aware of how people may be struggling with support when coming to school and that we need to create awareness of this."

"I have started to look after my wellbeing more."

"I think I can make a huge difference by doing little things."

Success is also measured by teachers who enjoyed watching their students flourish during the YEC program as they took ownership of problems and found solutions.

"The program is wonderful. It enables young people to think beyond their syllabus areas and apply content knowledge to real world applications. The agency provided to our young people through projects like this is fabulous."

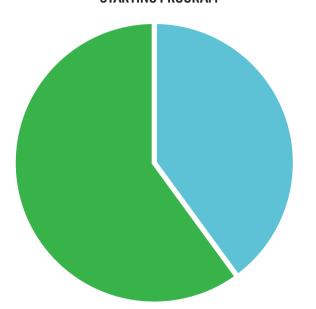
"Giving kids exposure to external people who actually live and breathe this stuff is invaluable. It's really empowering for the students to come up with an idea and then have acknowledgement outside of school that this is a real thing that could actually work."

"The benefits of a project such as this is the authenticity of learning and the development of real world skills. It enables young people to engage in real world systems, to understand constraints and structures on real world problems and to engage with experts in the field."

"The best kind of learning happens when kids do something and experience something."

I CAN DEVELOP PLANS FOR HOW TO DO SCHOOL PROJECTS - STARTING PROGRAM

I CAN DEVELOP PLANS FOR HOW TO DO SCHOOL PROJECTS - COMPLETING PROGRAM



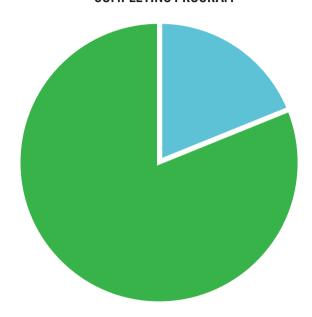


Low confidence (not at all, slightly, somewhat)
 High confidence (Quite and extremely)

Figure 1.4 & 1.5. Comparison of high and lower confidence levels for "I can develop plans for how to do school programs".

I CAN DO SOMETHING TO IMPROVE MY COMMUNITY - STARTING PROGRAM

I CAN DO SOMETHING TO IMPROVE MY COMMUNITY - COMPLETING PROGRAM



- Low confidence (not at all, slightly, somewhat) High confidence (Quite and extremely)

Figure 1.6 & 1.7. Comparison of high and lower confidence levels for "I can do something for my community".

WHAT WERE OUR CHALLENGES?

The flow on affects from the pandemic, teacher shortages and overcommitment required by school staff caused challenges in the delivery of the YEC program. For example, we had schools signed up and participating but when a teacher was absent for an extended time the school withdrew.

Teachers also reported challenges with an already crowded school calendar and finding time to implement the program.

"Timing is tricky at any time in a high school, but we do our best to make it work. You really need 10-12 weeks to follow the full process as all too often schools have interruptions which impact the flow."

In early 2023 the government announced Naplan would be bought forward from May to March and this impacted school's ability to participate in Term 1 and also caused nominated schools to withdraw.

Through our evaluation surveys we were able to identify areas where teachers struggled, such as program timing and number of students participating. All feedback will be used to refine and improve the YEC program in the future.

OUR FINAL THOUGHTS

With our goal to give young people in primary and secondary schools the agency to feel empowered to change the world, the Young Environmental Champions program was an enormous success.

Our YEC graduates can:

- Investigate the world beyond their immediate environment, framing significant problems and conducting well-crafted and age-appropriate research.
- 2. Recognize perspectives, others' and their own, articulating and explaining such perspectives thoughtfully and respectfully.
- 3. Communicate ideas effectively with diverse audiences, bridging geographic, linguistic, ideological, and cultural barriers.
- 4. Take action to improve conditions, viewing themselves as changemakers in the world and participating reflectively.

This success was only possible through the support of our funding partners and stakeholders who did more than provide money; they came on the journey with us and our students, attending the workshops and presentation, which in turn allowed students to feel seen, heard and valued. See Appendix 6.

This success was reflected in the extraordinary entry and exit surveys that have encouraged us to continue with the program that has built resilience and awareness of wellbeing in our young people and given them the hope and confidence to make changes to their world and future. See Appendix 7.

- "Hope comes from having a future you can imagine and understanding how to move towards that future. Confidence comes wrapped up in this, and is related to trying out new things, lots of new things, large and small. This leads to confidence that is akin to resilience."
- Liv Pennie, Become Education

But perhaps the most telling example of our success comes from our young people themselves:

"You can't just tell people to change you have to be the change."

BRIGHT IDEAS FROM TOMORROW'S LEADERS

"LESS SOUND POLLUTION"

"YOU PUT
RUBBISH INTO A
MACHINE AND IT
TRANSFORMS INTO
ELECTRICITY."

"I'D LIKE
PEOPLE TO
GENERATE THEIR
OWN ENERGY, LIKE
RIDING A BIKE
CONNECTED TO
A DYNAMO."

"I WOULD LIKE TO MAKE SURE THAT THE WATER THAT WE GET FROM FLOODS DOESN'T GO TO WASTE, I WANT TO CREATE A WAY WHERE THE WATER FROM THE FLOODS FOLLOWS A ROUTE WHERE IT REACHES A DAM AND CAN BE USED FOR TRANSPORTING TO OTHER COUNTRIES IN NEED AS WELL AS FOR OUR OWN USE."

"BEING A KIND AND
DECENT PERSON TO
THOSE HAVING TROUBLE
AROUND YOU AND
SUPPORTING THEM IN
ANYTHING THEY MAY
NEED HELP IN."

"FLYING TO MARS AND STARTING TO TERRAFORM IT."

"I WOULD

NOW LIKE TO

PUT MYSELF OUT

THERE AND LET

PEOPLE KNOW THAT

THEY AREN'T ALONE

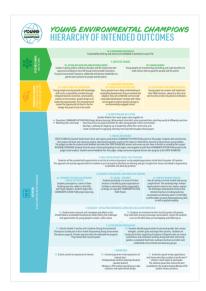
WHEN IT COMES TO

PROBLEMS IN

SCHOOL."

"I WANT TO
LET THOSE IN NEW
ENVIRONMENTS KNOW
HOW THEY CAN FLOURISH
IN THEIR NEW AREA AND
THAT THEY CAN USE THEIR
ABILITY TO MAKE ACTIVE
DECISIONS TO NOURISH
THEMSELVES AS A
LEARNER."

APPENDICES



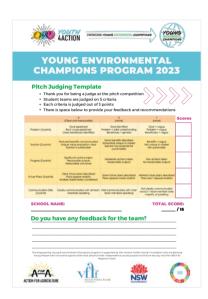
Appendix 1. Heirarchy of Intended Outcomes.



Appendix 2. Program Signup Flyer.



Appendix 3. Event Invitation.



Appendix 4. Pitch Judging Template.



Appendix 5. Aurora Winter 2023 Article.



Appendix 6. YEC Case-Study.



Appendix 7. Program Evaluation.



E: LYNNESTRONG@ACTION4AG.COM.AU | M: 0407 740 446

W: ACTION4AGRICULTURE.COM.AU





